



Transitioning to a More Fulfilling Life

Taking stock. Hitting reset. Showing up differently. Making a difference.

These are some of the possibilities that result from making changes in your life to achieve greater fulfillment and satisfaction.

- Retiring or retired
- Making changes in the workplace
- Navigating a loss, a medical challenge or other struggle
- Looking to achieve balance in your life

A Coach works with healthy people who are ready to make positive changes in their life to get more of what they want. Your Coach is your advocate who supports your personal development. Coaching isn't therapy, advice or counseling.



Gerri Leder

Leadership and Transition Coach
Weekend Shore Resident

*Are you ready to find happiness, joy and fulfillment?
How will you show up and what will be your next Act?*

Coaching Services:

- One-on-one Coaching
- Workplace workshops
- Public speaking
- Internal communications

*“Struggle often precedes progress,
when we learn the lessons, and gain
the strength, clarity and
compassion to navigate better.”*

-Gerri Leder

For a complimentary Coaching interview, contact Gerri Leder at 443-279-7901 or via email at leder@ledermark.com.

www.ledermark.com